First, we multiply the equation by n + 1:

$$(n+1)a_n = na_{n-1} + n + 1$$
 for  $n > 0$ 

Then, we can immediately telescope and iterate the  $na_{n-1}$  term to get:

$$(n+1)a_n = 1 * a_0 + \sum_{2 \le j \le n+1} j$$
 for  $n > 0$ 

Plugging in  $a_0 = 1$  gives:

$$(n+1)a_n = \sum_{1 \le j \le n+1} j = \frac{(n+1)(n+2)}{2}$$
 for  $n > 0$ 

Divide by n + 1:

$$a_n = \frac{n+2}{2} \qquad \text{for } n > 0$$

Since for n = 0, we also have

$$\frac{0+2}{2} = 1 = a_0$$

We can write:

$$a_n = \frac{n+2}{2}$$
 for  $n \ge 0$